Carrickmines Croquet & Lawn Tennis Club







COACHING COURSE INFORMATION

Course Title: Level 1 Beginners Coaching Course

For:	Course of 6 lessons for Carrickmines Club members (with little knowledge of the game or who have never played before).
Venue:	Carrickmines C<C, Glenamuck Road, Dublin 18
Dates:	Wednesdays:
	14 th April; 21 st April; 28 th April; 5 th May; 12 th May; 19 th May
Times:	6.30pm - 8.30pm
Cost:	No fee
Lead Coach:	Dave McGrath, Croquet Director, with CAI assistant Coaches
Course Content:	Court/equipment/basic rules explained. Stance, grip and swing.
	Hoop running, roquets and croquet strokes.
	Bisques, handicap system.
	Start of the game and 4-ball breaks.
Max no. of places	8
Entries close:	1 st April 2010

NOTES:

- 1. Course Manuals/handouts will be provided to each participant.
- 2. No special allowance is made for latecomers
- 3. Any queries please contact Dave McGrath on: 086 3048410 davemc7@gmail.com
- 4. Course will end with Tea/Coffee and cakes

This course will be repeated as morning/afternoon sessions as demand arises.